



US CLINICAL EXPERIENCE AND PROGRAM OUTREACH

Know how a Sarthi student turned it around

Dr. Jaideep Misra, 2016 MBBS Graduate from Bangalore.

After an unsuccessful match in his first attempt, Jaideep enrolled with USMLEsarathi only to come out with flying colors. Hopefully perseverant, this young Indian MBBS graduate realized the difference USMLEsarathi made in his journey to residency, and shares his experience, insights with USMLE aspirants.

Read the story in his own words...

My dream...

Graduated in 2016, I planned to go to US to pursue residency in internal medicine. After coming to US I did observership at various hospitals and got outpatient and inpatient exposure in clinical medicine. I took all the Step exams, got ECFMG certified and then applied for the match in 2017 for the cycle 2018.

Almost shattered...

I had couple of interviews, but things did not work out. I realized I had no required planning and preparation to make it to the US system of medicine. I was heart-broken.

Picked the right track...

Immediately after the results were announced for the (unsuccessful) match, my friends and seniors told me to join USMLEsarathi and I did. They told me USMLEsarathi has wonderful resource, which would help me to enhance my skills, and planning techniques to make it to the US system of medicine.

Built stronger profile...

In Sarthi, I realized the difference in approach and preparation between last year and this year. I was assigned a mentor and had weekly meetings. My mentor guided me on rotation planning and how I could increase my chances of making it into the system for 3-year categorical internal medicine. With hands-on clinical exposure it made all the difference than just having observership. It was missing from my application. Sarthi offered that and helped me fixed up my rotation. I did two months of outpatient and inpatient rotation under Sarthi team. This actually helped me to show my skills as clinician, work hard, and get strong letters of recommendation from different hospitals where I got externships and sub-internships. All these actually enhanced my chances and helped me to get more interviews, and made me where I am today.

My journey to success

01

Enrolling with USMLEsarathi

02

Mentoring@Sarthi
Identify gaps, enhance skills

03

Hands-on experience
Hands-on clinical experience, fixed up rotation

04

Strengthening profile
Personal Statement and CV enhancement

05

Mock interviews
Mock interview, soft-skill enhancement, recommendation letters, Step preparation

Outcome = MATCHED!

I was different now...

Last time I had a passive approach while applying to programs. I did not write emails to programs showing my interest, I did not call the program coordinators. However, after joining Sarthi, I had a significant change in my strategy. I was advised by my Sarthi mentors, to contact the programs through emails and phone calls – which I did. And you won't believe, some of the program directors loved my CV and I got several interviews. I got 'out of match offer' based on this active approach I followed.

1

Team Sarthi is beyond academics, it's inspirational yet practical. True to its name

2

Vast, responsive, and supportive Peer group is Sarthi's strength, and significantly different

3

In addition to rich resource materials, very supportive mentors, and hands-on clinical exposure shaped up my skills and capabilities

Thanks to USMLE Sarthi differentiators...

The entire Sarthi team was really helpful including the mock interviews, and the meetings I had with my mentors, where I could ask all my doubts. I think the strongest point which Sarthi team has is the peer group support. I did not have such a vast peer group support earlier, mainly through WhatsApp, where mentors and other students were answering, explaining things, clearing doubts. Even for Step-3 preparations I got an excellent support on the Sarthi Step-3 WhatsApp group and classes. Sarthi has an enviable program outreach, and a morale-booster team that instills confidence and skills in you to excel. All these were significantly different this time, which further made a significant difference to me getting this position.

My recommendation to students who go unmatched or may not realize what is missing from their CV, or students who starts off now...

Stay hopefully perseverant. Not to lose hope even if someone has few interviews, or for repeat applicant like myself, where journey could be long. But it is beautiful, because there are so many things to learn.

Don't wing, be prepared! This is very important. I got support from Sarthi team – to get my Step-3 before the match season. Step-3 is a must for somebody who is a repeat applicant.

Build on clinical experience, see what is lacking in your CV, have a good strategy, have a good support group like Sarthi – which is not just an academic support, but much beyond that.

For more information on USMLE Sarthi and its support, please reach out to contact@usmlesarthi.com, or visit our site <https://www.usmlesarthi.com>

Watch video at <https://youtu.be/vLjFX4xj9hE> to see who we are & how we can help you in Residency Match.



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Watch out for more **U-SMiLE** success stories